

Emotional Health & Wellbeing

Support for Students and Parents

We are committed to supporting the emotional health & wellbeing of all our students. If your child is struggling with their mental health, you may find some of these contacts useful. You are also invited to speak with your child's Tutor or Year Leader:

Year 7 Leader	Mr Cox	ncox@thetauntonacademy.com
Year 8 Leader	Mr Kerr*	jkerr@thetauntonacademy.com
Year 9 Leader	Mrs Dixon	tdixon@thetauntonacademy.com
Year 10 Leader	Ms Smith	esmith@thetauntonacademy.com
Year 11 Leader	Mr Saddington	bsaddington@thetauntonacademy.com

**Please note that Mrs Vercoe is supporting this year group, temporarily, during Mr Kerr's absence.*

ChatHealth, is run by the Taunton & West Somerset school nurse team. You can contact them by texting 07480 635 516.

Kooth provides free online support for young people <https://www.kooth.com/>

Youngminds website has lots of resources <https://youngminds.org.uk/> and also a free parent helpline 0808 803 5544.

Childline also has an excellent website for information and advice on a range of topics <https://www.childline.org.uk/>